

UPPER ENDOSCOPIC PROCEDURE INSTRUCTIONS

Phone: (909)833 7556

CONFIRM YOUR LOCATION:

▣ **POMONA VALLEY HOSPITAL**

1798 N. Garey Ave, Pomona, CA 91767

Phone (909) 865-9141

▣ **ARCHIBALD SURGERY CENTER** 9674 Archibald Ave, Suite 175, Rancho Cucamonga, CA 91730

(Will call 1-2 business days before to give the exact procedure time)

Phone: (909) 296-8930

PLEASE READ THESE INSTRUCTIONS CAREFULLY BEFORE YOU START:

ARRANGE FOR TRANSPORTATION: Since Endoscopy involves anesthesia/ sedation, you must have someone drive you home and stay with you for 2-4 hours following the procedure.

You may use Uber or Lyft services but must have a responsible adult other than the driver for discharge.

Inform the Office Immediately

- If you started any NEW immunosuppressive medications or a chemotherapy regimen.
- Experienced chest pain, shortness of breath or dizziness
- If there is a change in your insurance coverage

STOP THE FOLLOWING MEDICATIONS:

14 DAYS BEFORE THE PROCEDURE	Ozempic/ Wegovy: Semaglutide Mounjaro: Tirzepatide Trulicity: Dulaglutide Saxenda/Victoza: Liraglutide
5 DAYS BEFORE THE PROCEDURE	NSAIDs: Advil, Ibuprofen, Motrin, Aspirin, Aleve, Naproxen, Celebrex, Diclofenac, Meloxicam Coumadin/ Warfarin Anti-Platelet Therapy: Plavix/ Clopidogrel, Prasugrel/ Effient, Ticlopidine/ Ticlid, Brilinta/Ticagrelor, Aspirin, Excedrin. Supplements: Any iron or multi-vitamin (with iron), Fish Oil, Vitamin E, omega-3, CoQ10, Fosamax, and Garlic supplements.
3 DAYS BEFORE PROCEDURE	Apixaban/ Eliquis Rivaroxaban/ Xarelto

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	Dabigatran/ Pradaxa Edoxaban/ Savaysa
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1 DAY BEFORE THE PROCEDURE:

Do not eat solid food after midnight, the night before the procedure.

THE DAY OF THE PROCEDURE

You should not eat or drink for at least 8 hours before the procedure and stop chewing gum or hard candy for 4 hours before the procedure.

Wear loose, comfortable clothing.

YOU MAY TAKE IMPORTANT MEDICATIONS (such as heart, blood pressure, thyroid, or seizure medication) with a small sip of water on the morning of your procedure.

DO NOT take insulin or your diabetic medications until after the procedure.

If you are diabetic, your blood glucose will be checked upon arrival at the endoscopy lab and corrected if needed.