

# GOLYTELY 2 DAY

Phone: (909)833 7556

## CONFIRM YOUR LOCATION:

<input type="checkbox"/> <b>POMONA VALLEY HOSPITAL</b> 1798 N. Garey Ave, Pomona, CA 91767 Phone <b>(909) 865-9141</b>	<input type="checkbox"/> <b>ARCHIBALD SURGERY CENTER</b> 9674 Archibald Ave, Suite 175, Rancho Cucamonga, CA 91730 (Will call 1-2 business days before to give the exact procedure time) Phone: <b>(909) 296-8930</b>
--	--

## PLEASE READ THESE INSTRUCTIONS CAREFULLY BEFORE YOU START:

**ARRANGE FOR TRANSPORTATION:** Since Endoscopy involves anesthesia/ sedation, you must have someone drive you home and stay with you for 2-4 hours following the procedure. **You may use Uber or Lyft services but must have a responsible adult other than the driver for discharge.**

### Inform the Office Immediately

- If you started any NEW immunosuppressive medications or a chemotherapy regimen.
- Experienced chest pain, shortness of breath or dizziness
- If there is a change in your insurance coverage

## STOP THE FOLLOWING MEDICATIONS:

<b>14 DAYS BEFORE THE PROCEDURE</b>	Ozempic/ Wegovy: Semaglutide Mounjaro: Tirzepatide Trulicity: Dulaglutide Saxenda/Victoza: Liraglutide
<b>5 DAYS BEFORE THE PROCEDURE</b>	NSAIDs: Advil, Ibuprofen, Motrin, Aspirin, Aleve, Naproxen, Celebrex, Diclofenac, Meloxicam  Coumadin/ Warfarin  Anti-Platelet Therapy: Plavix/ Clopidogrel, Prasugrel/ Effient, Ticlopidine/ Ticlid, Brilinta/Ticagrelor, Aspirin, Excedrin.  Supplements: Any iron or multi-vitamin (with iron), Fish Oil, Vitamin E, omega-3, CoQ10, Fosamax, and Garlic supplements.
<b>3 DAYS BEFORE PROCEDURE</b>	Apixaban/ Eliquis Rivaroxaban/ Xarelto Dabigatran/ Pradaxa Edoxaban/ Savaysa

# GOLYTELY 2 DAY

Phone: (909)833 7556

- This preparation is meant to clean your colon and may cause minor cramping, diarrhea, rectal and abdominal discomfort. Small amounts of rectal bleeding, headaches, fatigue, and nausea are expected.
- PLEASE STAY AT HOME AND PLAN TO STAY CLOSE TO THE RESTROOM; THIS MEDICATION MAY WORK QUICKLY. If any of these symptoms are significant or you have questions, please do not hesitate to contact us.
- Using Vaseline or diaper rash ointment between bowel movements will help prevent rectal irritation. You can also use baby wipes in place of toilet tissue.
- This preparation is meant to clean your colon and may cause minor cramping, diarrhea, rectal and abdominal discomfort. Small amounts of rectal bleeding, headaches, fatigue, and nausea are expected.
- PLEASE STAY AT HOME AND PLAN TO STAY CLOSE TO THE RESTROOM; THIS MEDICATION MAY WORK QUICKLY. If any of these symptoms are significant or you have questions, please do not hesitate to contact us.
- Using Vaseline or diaper rash ointment between bowel movements will help prevent rectal irritation. You can also use baby wipes in place of toilet tissue.

## **2 DAYS BEFORE THE PROCEDURE**

**STAY HYDRATED!** Okay to eat solid foods.

Step 1: Take 2 tablets of Dulcolax 5mg in the morning.

Step 2: Take 2 tablets of Dulcolax 5 mg in the evening.

## **DAY BEFORE YOUR PROCEDURE**

**DO NOT EAT ANY SOLID FOODS! STAY HYDRATED! Clear fluids ONLY for BREAKFAST, LUNCH AND DINNER.** DO **NOT** have any solid foods, milk or milk products. **Nothing colored RED, PURPLE.** No alcoholic beverages.

**Take less than your usual dose of insulin or diabetic medications on the day before.**

**STEP 1:** At 6:00 PM, take 2 tablets of Dulcolax Laxatives.

**STEP 2:** At 6:30 PM, start drinking an 8oz glass of Golytely every 15 minutes until you have consumed half of the gallon.

## **DAY OF YOUR PROCEDURE**

**STEP 3: 5 hours before your procedure,** drink the remaining half gallon. You must complete **the** entire Golytely solution even if your stools are clear. Your last drink must be at least 3 hours before your scheduled procedure time. **This** is to ensure that your stomach is empty before you get sedated.

# GOLYTELY 2 DAY

Phone: (909)833 7556

**STEP 4:** Take the remaining 2 tablets of Dulcolax immediately after completing your Golytely solution.

**3 HOURS BEFORE YOUR PROCEDURE: DO NOT DRINK ANY WATER OR ANY OTHER LIQUIDS. YOU MAY TAKE IMPORTANT MEDICATIONS (such as heart, blood pressure, thyroid, or seizure medication) with a small sip of water on the morning of your procedure. DO NOT take insulin or your diabetic medications until after the procedure.**